

ONETALK

SUPPORT GROUPS

One Talk sessions include exciting updates on and information related to type 1 diabetes. In addition, there is an opportunity for members to share their ideas, experiences and explore ways to enhance their health and lifestyle. One Talk Sessions take place in Santa Barbara and San Luis Obispo.

Santa Barbara One Talk Sessions take place from 5:30-7:00pm at
CenCal Health, 4050 Calle Real, Santa Barbara, CA 93110

January 15, 2019 – Sharing Session

Meet, mingle and share with others impacted by T1D.

February 12, 2019 – Device Night

Get the latest updates from local pump and CGM representatives.

April 23, 2019 – Tools to Face the Psychological Demands of Diabetes:

Special Presentation by Dr. William Polonsky

Dr. Polonsky will be addressing the real-life emotional aspects of diabetes, and how to help better identify, understand, and tackle these problems.

May 21, 2019 – Research Update: Special Presentation by Mark Harmel, MPH, CDE

Hear the latest in T1D research and innovation from Mark Harmel, Clinical Research Coordinator and Diabetes Educator at the University of Southern California Westside Center for Diabetes.

June 12, 2019 – Sharing Session

Meet, mingle and share with others impacted by T1D.

To RSVP or for more information, please email Katie Haq at khaq@sansum.org or call (805) 682-7640 ext 235

